

Certificate in Spirituality (Carmelite Studies) / Diploma in Spirituality (Carmelite Studies).

Key details

The Certificate & Diploma in Spirituality (Carmelite Studies) are:

- Intended for students who wish to explore and deepen their knowledge of the Carmelite tradition;
- Intended for students who have completed some of the modules of the Diploma in Carmelite Studies (accredited by the former Milltown Institute) who may request exemption from the equivalent modules in this programme;
- Designed to enable students to study the Spirituality associated with the Carmelite charism. These programmes are not designed to provide training for spiritual direction;
- Delivered through the CIBI Website: www.cibi.ie;
- Both part-time or full-time certificate / diploma programmes;
- Modular programmes with either obligatory modules only (the Certificate) or a combination of obligatory modules and individually selected modules (the Diploma);
- Accredited as Special Purpose European Qualifications Framework level 6 (Certificate) or level 7 (Diploma) awards by St Patrick's College, Maynooth, Ireland.

Programme Overview

The programme is informed by the normative disciplines of Roman Catholic Theology and is a means to study the Carmelite tradition at a formal academic level and to achieve a proficient level of competence in Carmelite history, spirituality and Saints.

The programme is designed for individuals:

- who wish to study the Carmelite tradition at third level (European Qualification Framework levels 6 and 7);
- who have already completed some of the Diploma in Carmelite Studies (accredited by the former Milltown Institute) and wish to continue their academic engagement in the field of Carmelite Studies and to bring their studies to higher level.

The programme is designed for those who want to continue working while studying, or for someone who may not have easy access to one of the traditional education providers, or who may not have the time to commute to and from lectures daily. We also welcome students who want to study the programme full-time, which allows students to complete the programme in a much shorter time-frame.

The programme offers students the opportunity to read and study individual modules at their own pace in a structured yet flexible approach on a part-time or full-time basis. The range of subject areas on offer will provide the background for candidates to engage critically in the ongoing dialogue between the Carmelite tradition and the contemporary world. Students who

successfully complete this programme will be able to describe, present and critically engage with the principal elements of the Carmelite tradition.

On successful completion of the Certificate programme, the graduate should be able to:

Exhibit a knowledge and understanding of some of the significant topics, figures and sources relating to studies in the Carmelite tradition of spirituality.

Identify, gather and analyse some of the historical material relating to the Carmelite tradition of spirituality.

Display the capacity to identify some of the significant elements in the Carmelite tradition of spirituality and to present and communicate those elements with some degree of critical evaluation.

Present a coherent and well-structured written presentation of some of the elements of the Carmelite tradition of spirituality.

On successful completion of the Diploma programme, the graduate should be able to:

Exhibit a knowledge and understanding of the more significant topics, figures and sources relating to studies in the Carmelite tradition of spirituality.

Identify, gather and analyse the historical material relating to the more significant elements of the Carmelite tradition of spirituality.

Display the capacity to identify the more significant elements in the Carmelite tradition of spirituality and to present and communicate those elements with some degree of critical evaluation.

Present a coherent and well-structured written presentation of the more elements of the Carmelite tradition of spirituality.

Programme Structure

The certificate / diploma is structured to enable students to become familiar with the history and traditions of Carmel, its Saints and Blesseds, and their approach to prayer and Christian living.

In addition, the programme is designed for students to develop important skills in academic research, practical writing and presentation at undergraduate level. Academic guidance is provided through individual assessment(s) feedback and formal training in the writing of academic essays. Support is available to students from the CIBI office

The academic year is measured in two twelve week semesters:

- Semester 1: September – December
- Semester 2: January – April.

The programme is delivered in the form of a phased release of reading material made available through the CIBI website.

To complete the **Certificate in Spirituality (Carmelite Studies)** programme, students must read and study the following six taught modules, completing all the required assignments for each module.

- H01: Carmel: Development of the Tradition.
- H02: The Origins of the Carmelite Family.
- H03: Figures of Inspiration; Mary and Elijah.
- S01: Saint Teresa of Avila.
- S02: Saint John of the Cross, Carmelite, mystic and poet.
- S03: Mary Magdalen de'Pazzi.

To be awarded the **Diploma in Spirituality (Carmelite Studies)** programme, students will be required to have read and studied the following modules,

- H01: Carmel: Development of the Tradition.
- H02: The Origins of the Carmelite Family.
- H03: Figures of Inspiration; Mary and Elijah.
- H04: The Carmelite Charism: Exploring the Biblical Roots.
- H05: Carmelite Reform and Renewal in the 16th Century.
- S01: Saint Teresa of Avila.
- S02: Saint John of the Cross, Carmelite, mystic and poet.
- S03: Mary Magdalen de'Pazzi.
- S04: Saint Therese of Lisieux.
- S05: Titus Brandsma.
- One other module of choice from the history section of the programme.
- One other module of choice from the Saints/Spirituality of the programme.

Assessment

The CIBI Certificate / Diploma in (Carmelite Studies) is assessed as follows:

- **Questionnaire and Essays**

Each taught module is assessed by four ten-question questionnaires and an essay

Each questionnaire is awarded 10% of the overall marks (4 x 10 = 40%).

The final essay for each taught module is on an assigned topic and between 2,000-2,500 words long. The final essay in each module is awarded 60%

Module Titles

History and Tradition

- HO1 Carmel: Development of the Tradition.
- HO2 The Origins of the Carmelite Tradition.
- HO3 Figures of Inspiration: Mary & Elijah.
- HO4 The Carmelite Charism: Exploring the Biblical Roots.
- HO5 Carmelite reform and renewal in the 16th Century.
- HO7 The History of Female Contemplative Life & Recent Developments.
- HO9 The History of Carmelite Devotion.

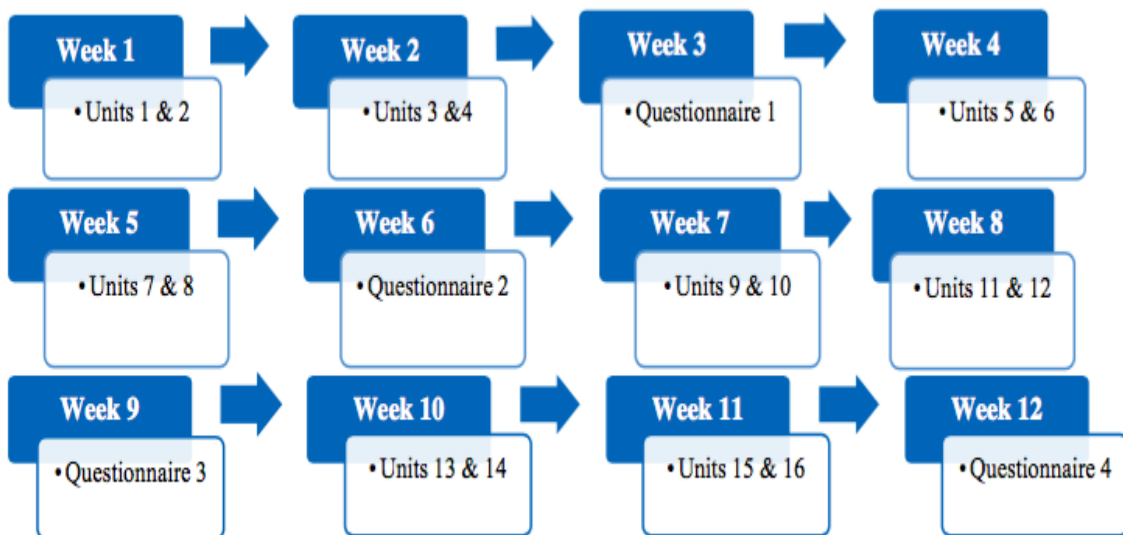
Spirituality: Saints and Blesseds

- SO1 St Teresa of Avila.
- SO2 St John of the Cross: Carmelite, Mystic, Poet.
- SO3 Mary Magdalene de Pazzi.
- SO4 St Thérèse of Lisieux.
- SO5 Blessed Titus Brandsma.
- SO6 Blessed Elizabeth of the Trinity.
- SO7 Saint Edith Stein.
- SO8 Blessed Louis and Zélie Martin.
- SO9 Saint Albert of Jerusalem.
- S10 St Thérèse of the Child Jesus as Revealed in Her Letters.

Units

A module is delivered in the form of 16 units to be read and studied. The content of one unit is equivalent to approximately that delivered in a 45-minute lecture. Students will need to dedicate twice this amount of time to private reading beyond the material provided in the module.

Delivery



Duration.

A part-time student could complete the **Certificate in Spirituality (Carmelite Studies)** in 3 to 6 semesters (one year and a half to three years) depending on the number of module they can undertake per semester.

A part-time student could complete the **Diploma in Spirituality (Carmelite Studies)** in 6 to 12 semesters (three to six years) depending on the number of modules they can undertake per semester.

A full-time student could complete the **Certificate in Spirituality (Carmelite Studies)** in 2 semesters (1 year) and the **Diploma in Spirituality (Carmelite Studies)** in 4-5 semesters (2 to 2 ½ years).

Admission Criteria

The programme is open to all adult students, both lay and religious. As the programmes will give the student an excellent understanding of the Carmelite tradition, its development through the centuries and of the most influencing saints, not previous knowledge of Carmel is expected.

It is envisaged that these programme will be used as part of formation in 1st, 2nd and 3rd order communities

Accreditation

Both the **Certificate in Spirituality (Carmelite Studies)** and the **Diploma in Spirituality (Carmelite Studies)** are accredited by St Patrick's College, Maynooth, Ireland.

Student Testimonials

New programme commencing September 2016.

Fee Structure

- Application fee €30
- Module fee €115 per module

PROGRAMME REGULATIONS 24th January 2016.

Certificate in Spirituality (Carmelite Studies) and Diploma in Spirituality (Carmelite Studies).

Accredited by *St Patrick's College, Maynooth Ireland.*

The **Certificate in Spirituality (Carmelite Studies)** and the **Diploma in Spirituality (Carmelite Studies)** are informed by the normative disciplines of Roman Catholic Theology, and to provide the appropriate foundations for studies in Carmelite Studies

These programme are designed for three specific groups. Firstly, they are designed to offer Certificate / Diploma level qualification in the field of Carmelite Studies to those who might not be able to attend a full-time programme due to their work commitments, vocation (enclosed Carmelite nuns, for example) or some other reason. Secondly, they are designed to allow those students who have already completed the Diploma in Carmelite Studies (accredited by the Milltown Institute) to continue their academic engagement in the field of Carmelite Studies. Thirdly, they are designed to allow those who might not have a Certificate / Diploma level qualification to acquire such a qualification. The programmes

make the heritage of the Carmelite family available at Certificate / Diploma level across the English-speaking world using a part-time, internet-based mode of engagement/delivery.

These programmes will enable the Carmelite Family (which includes Friars, Nuns, Sisters and Lay Carmelites of various kinds) across the world to deepen their engagement with, and academic understanding of, the Carmelite charism and its associated history and tradition.

Students will explore, discover and study the essential elements of a theological approach to the Christian life, and to the living of the Carmelite charism in particular. It will familiarise students with the basic outlines of the history of Carmel, its Saints and Blesseds, its tradition and its approach to prayer and Christian living. Having studied the material presented, having engaged with it and having presented their understanding for critical scrutiny and feedback, those who have successfully completed this programme will be able to describe, present and, to some extent, critically engage with the principal elements of the Carmelite tradition.

Although students will not need to attend a particular campus and will normally continue with their previous commitments, the programme will enable them to engage academically with the material in a manner that maintains the standards of practice typical of third level institutions.

Students will be required to engage seriously, with the history, tradition and spirituality of Carmel. Their studies will provide the background that will enable them to engage critically in the ongoing dialogue between the Carmelite tradition and the contemporary world and to participate in the formation or training of others interested in the field of Carmelite Studies.

Admission Criteria.

Applicants will normally have completed second-level education (equivalent to National University of Ireland Matriculation) but applicants 23 years of age or over on January 1st of the year of intended entry who do not fulfil the normal matriculation requirements may apply for matriculation on the basis of mature years.

Programme Structure.

These programmes are delivered in the form of a phased delivery of reading material made available through the CIBI website (www.cibi.ie) and all communication between the CIBI office and students is normally electronic and copies of all such communication are maintained in the CIBI office. The Certificate / Diploma in Spirituality (Carmelite Studies) are part-time, undergraduate programmes.

To complete the Diploma programme, students must normally complete assessment of the required number of taught modules, which are divided into two categories: **(1) History and the Tradition and (2) Saints and Themes**. The required modules must be completed within ten years of registration unless special dispensation has been given, and students who do not complete the programme within the time allowed will only be allowed to complete the programme when the Academic Board has been satisfied that there were good reasons why the programme was not completed in the time allowed.

In order to complete the Certificate programme, the necessary taught modules must be completed within five years of registration unless special dispensation has been given, and students who do not complete the programme within the time allowed will only be allowed to complete the programme when the Academic Board has been satisfied that there were good reasons why the programme was not completed in the time allowed.

The academic year for CIBI programmes is measured in two semesters, each being a twelve-week period, the first running from September till December, and the second from January until April. Modules will be available during the semester periods only. Each module takes twelve weeks to complete (a semester) and it is possible to take more than one module per semester. Each module is made up of sixteen units and each unit is the equivalent of a 45-minute lecture. Students will need to dedicate about twice this amount of time to private reading beyond the materials provided. The four questionnaires, and the individual feedback that students receive for each questionnaire, are regarded as being the equivalent of a further eight units. The modules are all self-contained learning experiences that can theoretically be followed in any order. The part-time nature of the programme means that, within the overall constraints (15 years for the programme as a whole), students proceed at their own pace taking on each semester only as many modules as their circumstances permit. Normally, students will be expected to complete one or two modules each semester

Assessment.

Each taught module is assessed by four, ten-question questionnaires and a final written assessment on an assigned topic of between 2,000 and 2,500 words. Both the answers to the questionnaires and the final written assessment are submitted by email and all correspondence is conducted via the Institute's office in Dublin. In each module, each of the four questionnaires is awarded 10% of the overall marks, the other 60% being awarded for the final essay.

Each module is awarded 5 credits. The Certificate in Spirituality (Carmelite Studies) is a thirty (30) credit programme, 5 credits being awarded for each of its six modules. The Diploma in Spirituality (Carmelite Studies) is a sixty (60) credit programme, 5 credits being awarded for each of its twelve modules.

Exemptions may be granted for up to 25% of the taught modules if the candidate can demonstrate to the satisfaction of the CIBI Director of Studies that equivalent modules have been successfully completed elsewhere. Each exempted module will be awarded 5 credits.

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[APPLICATION FORM](#)